

DETAILS OF COUNSELLOR AND WELNESS TEACHER

Name : Mr. Santosh Solapure

DOB: 03/01/1982

Qualification : BA

A **Counselor & Wellness Teacher** in a school is a trained educator appointed to support students' emotional,

The Counselor & Wellness Teacher helps students in areas such as:

- Mental and emotional well-being
- Stress and anxiety management
- Career guidance and goal setting
- Prevention of substance abuse and bullying
- Life skills and value education
- Positive behavior and healthy relationships
- Supporting students during examinations and adolescence

He / She coordinates awareness programmes, parent counseling sessions, and student wellness activities within the school campus.

DETAILS OF CAREER COUNSELOR

Name : Mr. Sajeevkumar Kadlewad

DOB: 25/10/1980

Qualification : MA

A. A **Career Counselor** is a professional who guides students and individuals in choosing the right career path based on their:

- Interests
- Skills and abilities
- Academic performance
- Personality and goals

B. A **Career Counselor Helps in:**

- Selecting suitable courses and streams
- Guidance for competitive exams
- Career planning after 10th, 12th, Degree, or PG
- Information about colleges and scholarships
- Improving confidence, communication, and interview skills

C. **Organize:**

- Career guidance programs
- Aptitude tests
- Counseling sessions for students and parents
- Awareness about higher education opportunities

Example:

A student confused between Science, Commerce, or Arts may consult a career counselor to understand which stream matches their strengths and future goals.